

Communities that Care

a new kind of prevention programme

“building safer communities where children and young people are valued, respected and encouraged to achieve their potential”



CtC, a potted history . . .

- Profs J. David Hawkins and Richard M Catalano, USA
- Social Development Research Group (SDRG), University of Washington, Seattle
- Developmental Research & Programs (DRP)
- Mid 1990's – 500 CTC programmes in USA
- 1995 - Joseph Rowntree Foundation



CtC, a potted history . . .

- 1997 - Communities that Care UK
- 1998 to date - Demonstration programmes in Barnsley, Coventry and Swansea
- 1998 to date - Evaluation, Sheffield University
- DRP merges with Channing Bete Company
- 2000-01 - first national survey of risk and protective factors



Risk Factors for Heart Disease:

Poor diet, high cholesterol

Obesity

Stress

Lack of exercise

Smoking

Hereditary factors



Risk Factors for Problem Behaviours

The Four Domains:

- Family
- School
- Community
- Individuals, friends and peers



CtC works to

- support and strengthen families
- promote school commitment and success
- encourage safe and responsible sexual activity
- build a safer, more cohesive community



CtC works to prevent;

- Youth crime & anti-social behaviour
- Educational failure
- Drugs & substance misuse
- School-age pregnancy and sexually transmitted disease



Adolescent Problem behaviours & Associated Problems

Risk Factors	Problem behaviour			
	Drug abuse	Youth crime	School-age pregnancy	School failure
Family				
Poor parental supervision & discipline	✓	✓	✓	✓
Family conflict	✓	✓	✓	✓
Family history of problem behaviour	✓	✓	✓	✓
Parental involvement / attitudes	✓	✓		
Low income & poor housing		✓	✓	✓
School				
Low achievement beginning in primary school	✓	✓	✓	✓
Aggressive behaviour including bullying	✓	✓		✓
Lack of commitment including truancy	✓	✓	✓	✓
School disorganisation		✓		✓
Community				
Disadvantaged neighbourhood	✓	✓		✓
Community disorganisation & neglect	✓	✓		
Availability of drugs	✓	✓		
High turnover & lack of neighbourhood attachment	✓	✓		✓
Individuals, friends and peers				
Alienation & lack of social commitment	✓	✓		✓
Attitudes that condone problem behaviour	✓	✓	✓	✓
Early involvement in problem behaviour	✓	✓	✓	✓
Friends involved in problem behaviour	✓	✓	✓	✓



Communities that Care The CtC Process

Community Involvement

Risk and Resources Audit

Action Planning (using 'Promising Approaches')

Implementation

